

23 "HOW TO" DETAILED MONOGRAPHS FOR 3D DSMT-MNT TEACHING AIDS

MARY ANN HODOROWICZ, RD, MBA, CDE, CEC

23 SEPARATE ELECTRONIC MONOGRAPHS (MS WORD™ DOCUMENTS) THAT INCLUDE:

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|---|--|
| Actual photograph of 3D teaching aid | Exactly what to purchase for making it |
| Current evidence-based teaching guidelines | Fun, creative quips and quotes to use with 3D aids |
| Evidence-based references for teaching guidelines | Easy assembly instructions (even a kid can do it!) |

CHECK THE ELECTRONIC MONOGRAPHS YOU WANT TO PURCHASE (SENT TO AN EMAIL ADDRESS):

| | | | |
|--|--|---|---|
| <input type="checkbox"/> YOU ONLY HAVE TO FLOSS THE TEETH YOU WANT TO KEEP | <input type="checkbox"/> A1C AS MEASURE OF SUGAR COATING ON RED BLOOD CELLS | <input type="checkbox"/> VISCIOUS SOLUBLE FIBER REDUCES BLOOD CHOLESTEROL | <input type="checkbox"/> MORE FEET, MORE FAT AND CHOLESTEROL IN ANIMAL FOODS |
| <input type="checkbox"/> GLUCOSE (SUGAR) IN BLOOD | <input type="checkbox"/> LDL VS. HDL CHOLESTEROL | <input type="checkbox"/> TRIGLYCERIDES IN BLOOD | <input type="checkbox"/> CHOLESTEROL 'WAX' IN BLOOD |
| <input type="checkbox"/> WHEN BUYING 'FAT TOPPERS' (THOSE ON TOP OF FOODS), SKIP THOSE THAT HAD A MOTHER | <input type="checkbox"/> INFLAMMATION PLUS PLAQUE INSIDE CORONARY ARTERY WALLS | <input type="checkbox"/> PLAQUE AND CHOLESTEROL BUILD-UP ON INSIDE OF CORONARY ARTERY | <input type="checkbox"/> BENEFITS OF PLATE METHOD MEAL PLAN: 3D; BUILT-IN PORTION CONTROL; CAN WRITE ON |
| <input type="checkbox"/> S.W.E.E.T.S. ACRONYM: RX FOR 6 THINGS THAT CONTROL BG | <input type="checkbox"/> TEACHING TYPE 1 AND TYPE 2 DIABETES PATHOPHYSIOLOGY | <input type="checkbox"/> SUGAR-COATED ORGANS + NERVES DON'T WORK WELL | <input type="checkbox"/> SEE WHAT 1/4 LB. WEIGHT LOSS LOOKS LIKE: IT'S A LOT! |
| <input type="checkbox"/> LEAN VS. FATTY MUSCLES: BIG DIFFERENCE IN BG AND CALORIE BURNING 25/7 | <input type="checkbox"/> 5 CAUSES OF HIGH BP: STIFF, PLUGGED, PRESSURED OUTSIDE + INSIDE & CONSTRICTED ARTERIES | <input type="checkbox"/> ESCORTING T-CHOL INTO ARTERIES OR OUT OF BODY: LDL VS. HDL CHOLESTEROL | <input type="checkbox"/> 1 LB. OF BODY FAT |
| <input type="checkbox"/> FEET CHECKED ARE FEET KEPT (YOU ONLY HAVE TO CHECK THE FEET YOU WANT TO KEEP) | <input type="checkbox"/> FEET CHECKED ARE FEET KEPT: PATIENT "FILL-IN-THE-BLANKS" GAME (PERFECT FOR GROUP CLASS) | <input type="checkbox"/> LEAN VS. FATTY MUSCLES: BIG DIFFERENCE IN BG-CAL BURNING 24/7 | <input type="checkbox"/> ANY OTHER IDEAS FOR MARY ANN? WRITE THEM HERE: |
| <input type="checkbox"/> ALL 23 MONOGRAPHS ABOVE (SAVE \$75!) | | | |

\$5 each (\$115 if 23 are individually purchased and sent to your email address at different times)

All 23 monographs: only \$40.....65% Discount.....SAVE \$75!

Or total number individual monographs purchased: _____ x \$5 = for total price of \$ _____

Paid on PayPal website (www.paypal.com) Registration is free.

Check/money order payable to author enclosed P.O. enclosed

PLEASE PRINT:

Your Name: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Telephone + Area Code: _____

Fax No: _____ Email: _____

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SAVE \$50. Want ALL 6 of Mary Ann's resources: Money Matters in MNT and DSMT: Increasing Reimbursement Success in All Practice Settings (paper manual, \$45.99 reg. price), Establishing a Successful Outpatient MNT Clinic in Any Practice Setting, The Complete Guide (paper manual, \$35.99 reg. price), EZ Forms for the Busy RD, Packages A-B-C (107 forms on CD-r; modifiable, \$75 reg. price) and all 23 Monographs for 3D Teaching Aids (\$40 reg. price). **TOTAL: \$190.79**